



Stocking for the Troops

How you can help in 2018:

It's that time of year again, let's bring a bit of home into the hearts of those who are faithfully serving on our behalf this holiday season. Here is a list of items that are always in huge demand from the troops – great start for **Stockings for the Troops Campaign**:

Food and Snack items:

- Gum, Lifesavers, Mints
- Fruit (individual serving size cans or dried fruit)
- Nuts, sunflower seeds, peanuts, trail mix
- Power bars, protein bars, nutritional bars
- Beef jerky
- Single serving bags of snack items (crackers, chips, snack mixes)
- Pop-Tarts, cereal bars, granola bars
- Ramen Noodles, Cup-O-Noodles
- Canned Ready to eat meals (Styrofoam single serving are best)
- Tuna lunch kits
- Canned meats, sardines, smoked oysters
- Taco bell sauce packets
- Seasoning salts, flavoring salts

Beverage items:

- Coffee, coffee mixes, tea
- Hot Cocoa mix
- Lemonade mix, Kool-Ade Mix, Iced Tea Mix, Tang
- Gatorade Mix (powered only)
- Crystal light or other brand flavor packets for water
- Sugar and creamer for coffee (packets)
- NO LIQUIDS OR ALCOHOL PLEASE

Clothing items:

- Socks
- Knit caps

Communication items:

- Envelops, note cards, pens
- Drawing pads
- Small, blank journals

Personal Care items:

- Sunblock
- Throat Lozenges
- Eye drops
- Chapstick (tube style is best)
- Baby wipes
- Disposable hand sanitizing wipes
- Odor eaters for boots
- Foot powder

Recreational items:

- Hacky sacks, Tennis Balls
- Playing cards, card based games
- Marbles
- Coloring books and crayons