

WHAT IS WILDERNESS FIRST AID?

Wilderness first aid (WFA) is a course for everyone planning a remote high adventure trek ranging from lay responders to medical professionals. It focuses on prevention, assessment, and treatment for an ill or injured person in a remote environment where definitive care by a physician or rapid transport is not readily available. This is defined as being two hours or more from a hospital.

This weekend class prepares you to handle serious back-country emergencies. Wilderness First Aid is a comprehensive series of lessons in how to react and respond in remote, life threatening situations. Lots of activity and hands-on work in classroom and outdoor scenarios keeps it fun!

WHO IS IT FOR?

Scout leaders and older Scouts with some First Aid training and a serious interest in advancing their knowledge. You should be familiar with the material in the First Aid Merit Badge pamphlet. WFA certification is required for the BSA High Adventure bases.



About This Course

This course is offered by the Crossroads of America Council, BSA in association with the Emergency Care & Safety Institute (ECSI), the American College of Emergency Physicians (ACEP) and the American Academy of Orthopaedic Surgeons (AAOS).



7125 Fall Creek Road North
Indianapolis, IN, 46256
317-813-7125

Register and learn more at
www.crossroadsbsa.org/WFA

Wilderness First Aid & CPR-AED



ECSI

EMERGENCY CARE
& SAFETY INSTITUTE



Life Saving Training. Simplified.

COURSE TOPICS

This Wilderness First Aid and CPR-AED course is 19 hours, comprising of a 16 hour WFA course with an integrated 3 hour CPR-AED course (total 19 hours). Course topics include:

- Emergency Assessment
- CPR
- Shock
- Bleeding Control
- Wound Care
- Bandaging Wounds
- Burns
- Eye, Ear, Nose, and Tooth Injuries
- Head, Brain, and Spinal Injuries
- Chest Injuries
- Abdominal and Pelvic Injuries
- Bone, Joint, and Muscle Injuries
- Extremity Injuries
- Splinting the Extremities
- Poisoning
- Plant-Induced Dermatitis
- Reptile & Insect Bites and Stings
- Heat & Cold Related Emergencies
- Altitude Illness
- Lightning
- Water-Related Emergencies
- Chest Discomfort
- Respiratory Emergencies
- Nervous System Emergencies
- Abdominal Complaints
- Allergies and Anaphylaxis
- Diabetic Emergencies
- Genitourinary Problems
- Emergency Rescues & Evacuation

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COST

\$175.00 course fee includes course materials, certificate, snacks, meals (Saturday lunch & dinner, Sunday lunch). There will be no refunds.

SCHEDULE

Saturday 9:00 AM to 8:00 PM and Sunday 9:00 AM to 5:00 PM.

LODGING

Friday and Saturday night lodging is available upon request. With overnight stay, Sunday breakfast is continental.

MINIMUM AGE

Course participants must be at least 14 years old.

CERTIFICATION

Participants will receive a two year Emergency Care and Safety Institute certification upon completion.

DEADLINE

Registrations must be received and paid in full no later than one week before the course. Spots will go fast so register early as spaces are limited.

COURSE DATES

WFA January 15-16	Camp Belzer
WFA February 12-13	Camp Kikthawenund
WFA March 12-13	Camp Kikthawenund
WFA April 9-10*	Camp Belzer
WFA May 7-8*	Camp Kikthawenund
WFA Nov. 12-13*	Camp Belzer

*April, May and November courses will open based on demand.



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